

NMT™ Consultation Process

Introductory Meeting (1 Session)

- Meet with parents / caregivers / youth and/or providers to talk about the referring issues
- Discuss and answer questions about the NMTTM consultation process

NMT Assessment Process: (2-3 Sessions)

- Gather comprehensive neuro-developmental history and current CNS functioning from parents / guardians / caregivers
- Meet briefly with youth (usually during last meeting)

Collateral Consultation: (1-3 Phone Calls / Sessions)

• Consult with other providers / school to gather further assessment information

Generate Brain Map / Metric Report and Recommendations

Follow Up / Recommendations Review: (1 Session)

- Meet with parents / caregivers / youth and / or providers
- Review and discuss NMTTM Brain Map / Metric report and recommendations based on report
- Strategize around implementing recommendations

30 Day Follow Up / Implementation Review: (1 Session)

- Assess barriers and progress to implementing NMTTM informed interventions / recommendations
- Adjust follow up plan as needed

Optional Follow Up Sessions (Varies)

Fees / Reimbursement:

Fees for Consultation Only (Not Part of On-Going Treatment):

- Insurance plans currently accepted: MBHP, HNE Be Healthy, Mass Health PCC
- Private / self pay rates :
 - o \$800* for all sessions / services up to and including the 30 day follow up.
 - o \$110* / hour for follow-up sessions beyond the 30 day

Fees for Existing Clients (Part of On-Going Treatment):

• \$250* for assessment, Brain Map / NMTTM Metric report and recommendations

^{*}Reduced Fee Agreements are available on a case by case basis according to financial need

